



Personal, Social and Emotional Development

“Live life it’s all its Fullness”

OUR CURRICULUM PROGRESSION

Educational Programme - Children’s personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life. **(Development Matters 2020 revised July 2021)**

Our Early Years Vision – At Leverton Church of England Academy we want our children to have the skills to understand and manage their own feelings. We want them to be confident in who they are, and have the confidence to speak up when something upsets or worries them. We want children to have patience, be determined and persevere when things are challenging. We want children to leave the early years with a positive sense of self and an awareness of the needs, wants and interests of others around them. We want our children to understand that everyone is unique, to appreciate and celebrate difference and to show respect for everyone.

Little Acorns 2-3yrs	Squirrels 3-4yrs	Owls - Reception
<ul style="list-style-type: none"> - To know what they like and don’t like - To be confident to try new things - To begin showing independence and autonomy - To engage with others through talk, actions and gesture - To get the attention of others to achieve desired outcome. I.e. to share a toy or get a drink - To be able to leave main carer with little to no support - To manage transitions such as a change of room with more confidence - To play with confidence alone - To play alongside other children - To enjoy exploring new places - To grow independence, wanting to achieve things on their own - To show some ‘effortful control’ – to wait their turn or resist impulse to grab - To talk about and begin to manage their own emotions - To notice and comment on differences between themselves and others - To develop friendships with other children - To expand on their emotion by explaining why they feel a certain way - To notice when they are tired or hungry - To show an awareness of using the toilet 	<ul style="list-style-type: none"> - To select resources independently - To understand they belong to the ‘squirrels group’ and to say which class they are in - To respond to unfamiliar people within the safe context of the setting - To show confidence in new social situations - To play alongside one or more children - To respond to other children during play - To show positive attitudes towards differences between people - To extend and elaborate play ideas with other children - To talk with others to solve problems in their play - To follow the rules of the setting with more confidence - To show confidence around others - To talk about their feelings and use words to name these emotions (happy, sad, angry, worried) - To begin to understand how others may feel - To ask for help when they something difficult - To tell someone when they are hungry, tired and need the toilet - To talk about how they keep clean - To talk about the food they eat - To know how to tell an adult if they see something they don’t like when using a device 	<p>SELF-REGULATION ELG-</p> <ul style="list-style-type: none"> - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several - To be able to express their emotions and feelings through talk - To be able to change their behaviour according to the situation - To show patience in a range of situations - To sustain attention to a task, working towards completion <p>Managing Self ELG –</p> <ul style="list-style-type: none"> - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.



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- To know what to do if they feel unsafe
- To know roads can be dangerous
- To know water can be dangerous
- To know climbing can be dangerous

- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.
- To have a positive sense of self, talking positively about themselves
- To keep trying when something gets difficult
- To try again when something doesn’t go as planned
- To understand and follow the rules of the school
- To be able to explain right from wrong
- To understand their body belongs to them
- To understand there are some areas of the body that are private and know what this means
- To know what to do if someone makes them feel uncomfortable
- To know what to do if they became lost
- To know it is important to look after our bodies
- To know how to look after our bodies (use toilet, blow nose, wash hands, keep clean)
- To know that there are healthy and unhealthy foods
- To be able to dress themselves independently
- To know that we need to brush our teeth regularly
- To know why it is important to look after our teeth
- To know that too much screen time is not good for us
- To know that they must tell an adult if they see something on a device that upsets them
- To know that there are some things on devices that are not appropriate for young children
- To identify common risks around the home
- To know what to do if they became lost
- To know ways to keep safe near water
- To know ways to keep safe near roads

Building relationships

ELG –

- Work and play cooperatively and take turns with others.



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		<ul style="list-style-type: none">- Form positive attachments to adults and friendships with peers.- Show sensitivity to their own and to others’ needs.- To be able to share and take turns- To be able to wait and cooperate with friends/peers in play- To know that helping others is a good thing to do- To show kindness and consideration for others- To show consideration to others needs, wants, likes and dislikes- To listen to the ideas of others and share their own ideas- To know they belong to the community of Leverton Academy
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