

Physical Education Long Term Plan

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2
Snowdon Rec/Y1	Forest School (OAA)	Movement & using space	Net & Wall (Tennis)	Ball skills	Gymnastics	Yoga/ Fitness	Dance	Invasion Games (Football/ Tag Rugby)	Striking & Fielding (Cricket/ Rounders)	Target & Tag Games	Fundamentals Ball skills etc	Athletics
Olympus Y2/3	Swimming	Net & Wall (Tennis)	Swimming	Invasion Games (Tag Rugby/ Netball)	Gymnastics	Yoga/ Fitness	Dance	OAA (orienteering)	Year 3 Forest School Year 2 Target & Tag Games	Striking & Fielding (Cricket/ Rounders)	Year 2 Forest School Year 3 Target & Tag Games	Athletics
Everest Y4/5/6	Y4 Swimming Y5/6 Yoga/ Fitness	Net & Wall (Tennis)	Invasion Games (Hockey/ Tag Rugby)	Y4 Swimming Y5/6 Team Games/ Fitness	Gymnastics	Y4/5 Forest School Y6 Target & Tag Games	Dance	Y6 Forest School Y4/5 Target & Tag Games	Striking & Fielding (Cricket/ Rounders)	Invasion Games (Netball & Basketball)	OAA (orienteering)	Athletics